**Here are few differences:**

| For loop |  | While loop |
| --- | --- | --- |
| Initialization is always inside the loop. |  | Initialization is always outside the loop. |
| Increment can be done before or after the execution of the statement(s). |  | Increment can be done before or after the execution of the statement(s). |
|  |  |  |
| Condition is a relational expression. |  | Condition may be expression or non-zero value. |
| It is used when initialization and increment is simple. |  | It is used for complex initialization. |
| For is entry controlled loop. |  | While is also entry controlled loop. |
|  |  |